

## CHAPTER 5.00 - STUDENTS

### CHEERLEADING

5.82

The Board believes the purposes of cheerleading are to promote school spirit and to provide an opportunity for selected students to participate in a leadership development activity.

In an effort to protect students who may participate as cheerleaders and to protect the interests of Board employees and the Board, the following procedures are adopted as Board policy.

- I. Cheerleading squads must be under the direction of a certified Board employee who serves as the coach or sponsor.
- II. The sponsor or coach must attend and actively direct all cheerleading squad functions, practices and performances.
- III. Use of mini-trampolines, springboards or any height-increasing apparatus is prohibited.
- IV. Prior to trying out for membership on a cheerleading squad, each student must present evidence from a properly licensed physician, that the student is in appropriate cardiovascular condition to participate in cheerleading activities.
- V. Cheerleading sponsors/coaches should maintain a low-impact, aerobic conditioning program for the cheerleading squad for which they are responsible.
- VI. Aerobic warm-up and stretching exercises, under the direction of the sponsor/coach, should precede all practices and performances.
- VII. No student will be required to perform any particular stunt while attempting to qualify for membership on a cheerleading squad.
- VIII. All students trying out for and participating in cheerleading squad activities must be insured under a catastrophic student accident policy.

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**STATUTORY AUTHORITY:**

**CODE OF ALABAMA  
16-1-30**

**LAW(S) IMPLEMENTED:**

**CODE OF ALABAMA**

**ALABAMA ADMINISTRATIVE PROCEDURE ACT:**

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**HISTORY:**

**ADOPTED: October 18, 2006  
REVISION DATE(S): \_\_\_\_\_  
FORMERLY: NEW**