

Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Daleville City Board of Education

Month and year of current assessment: May 2023

Date of last Local Wellness Policy revision: July 2012

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.daleville.k12.al.us

Wellness Committee Information

How often does your district wellness committee meet? once a year

District Wellness Coordinator

Name	School	Job Title	Email Address
Pat Brown	DHS	CNP Manger	brownp@daleville.k12.al.us

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
TorRessa Osborne	CO	CNP Director	osbornet@daleville.k12.al.us

District Wellness Committee Members

Name	School	Job Title	Email Address
Carrie Heninger	WES	Principal	heningerc@daleville.k12.al.us
Ted Folsom	DHS/DMS	Principal	folsomt@daleville.k12.al.us
Charlotte Carter	WES	Nurse	carterc@daleville.k12.al.us
Kayla Peak	WES/DMS	Phy ED Teacher	peakk@daleville.k12.al.us
Bonita Peters	WES	Secretary/Parent	petersb@daleville.k12.al.us
James Peters III	DMS	Student	petersj@daleville.k12.al.us
TorRessa Osborne	CO	CNP Director	osbornet@daleville.k12.al.us
Pat Brown	DHS	CNP Manager	brownp@daleville.k12.al.us

*See page 13 for space to add Wellness Committee members

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT 3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Our policy includes:

- promotion goals
- nutrition education goals
- physical activity & education goals
- nutrition guidelines for all foods available to students
- other school-based activities goals

Section 2. Progress towards Goals

*NOTE: Required components are listed in blue.

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p> <p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> ● All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> ● All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> ● Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>Describe progress and next steps:</p> <p>The district continues to be in compliance with the USDA National School Lunch and Breakfast program. The snack calculator will be used to check each item for compliance.</p> <p>Principals schedule activities outside the hour timeframe.</p> <p>All students have access to school meals.</p>
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<p>Access to free potable water on campus</p> <p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>Describe progress and next steps:</p> <p>Safe drinking water is available throughout each campus and in the cafeterias.</p>
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Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p>	<p>Principals and staff are aware of the 1-hour timeframe rule. Activities have designated times in which they are allowed to happen that don't interfere with the rule. Principals work hard to ensure the rule is followed with all schedules.</p>

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>Menus are placed on the district website for parents and students. Menus are posted in the cafeteria on information boards at each school and emailed to each staff member.</p> <p>The USDA Smart Snack Standards information is given to each principal at the start of the year.</p> <p>The USDA Smart Snack Standards are available on our website.</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before, during and after school.</p> <p>List physical activity opportunities that are offered at schools: Football Band Cheerleading Softball Volleyball Basketball Baseball Track</p>	<p>All student's schedules include physical activity daily.</p> <p>There are numerous extra-curricular activities available to all students.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools: Menus Announcements Class Activities Extra-curricular activities</p>	<p>Menus are placed on the district website for parents and students.</p> <p>They are also posted in the cafeteria, and on information boards at each school and emailed to each staff member.</p> <p>Smart Snacks are offered to students. Meals and a la carte items in the cafeteria meet USDA standards.</p> <p>Teachers and staff encourage healthy food/snack choices. Teachers and staff include class activities related to nutrition education.</p>

Section 2. Progress towards Goals continued

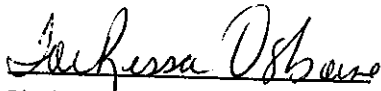
*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district: Beta Club; BOLT (Building Outstanding Leaders Today), FBLA, FFA, J.R.O.T.C, Multicultural Club, National Honor Society, Scholar's Bowl, SGA, Skillz USA, Student 2 Student, Tri M Music Honor Society, Warhawk Watch, Yearbook.</p> <p>Outside of school, the community encourages activities provided by the Boys & Girls Club of Daleville.</p>	<p>All school-based programs integrate wellness activities into the curriculum.</p>

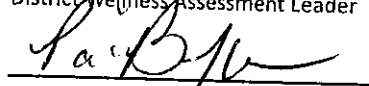
CHECKLIST:

- Triennial Assessment was made public: Date: 6/2023
- Updated Wellness Policy received Board approval: (if applicable) Date: 6/2023
- Wellness Policy was made public: Date: 4-19-2008

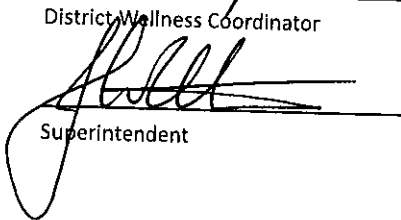
SIGNATURES:


 District Wellness Assessment Leader

PRINT NAME: TorRessa Osborne
 DATE: 5/22/2023


 District Wellness Coordinator

PRINT NAME: Pat Brown
 DATE: 5/22/2023


 Superintendent

PRINT NAME: Josh Robertson
 DATE: 5/31/2023

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: A.M. Windham Elementary

Date: 5/22/2023

School Wellness Leader: TorRessa Osborne

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>	X			
<p>If applicable, list additional school goals below:</p>	X			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule:</p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with ALSDE:</p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) 	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule:</p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X X			
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 	X			
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> ● <i>Social Emotional Development</i> ● <i>Counseling</i> ● <i>Health Services</i> ● <i>Physical Environment</i> ● <i>Caregiver (Family) Engagement</i> ● <i>Community Involvement</i> 	X			
<p>List school wellness activity goals in this section:</p>				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Jocessa Osborne* DATE: *5/22/2023*

School Wellness Leader: *Jocessa Osborne* DATE: *5/22/2023*

Principal: *Cam Hy* DATE: *5/22/2023*

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided

School: Daleville Middle School

Date: 5/22/2023

School Wellness Leader: TorRessa Osborne

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., scho	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p><u>If applicable, list additional school goals below:</u></p>	X			
<p><u>If applicable, list additional school goals below:</u></p>	X			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p><u>If applicable, list additional school goals below:</u></p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> 	X			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X X			
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 	X			
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	X			
Examples: <ul style="list-style-type: none"> ● Social Emotional Development ● Counseling ● Health Services ● Physical Environment ● Caregiver (Family) Engagement ● Community Involvement 	X			
List school wellness activity goals in this section:				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Jacqueline Osborne*

DATE: *5/22/2023*

School Wellness Leader: *Jacqueline Osborne*

DATE: *5/29/2023*

Principal: *[Signature]*

DATE: *5/24/23*

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Daleville High School

Date: 5/22/2023

School Wellness Leader: ToRessa Osborne

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> ● All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs ● All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) ● Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule:</p> <ul style="list-style-type: none"> ● Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule:</p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X X			
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 	X			
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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<p>Examples:</p> <ul style="list-style-type: none"> ● <i>Social Emotional Development</i> ● <i>Counseling</i> ● <i>Health Services</i> ● <i>Physical Environment</i> ● <i>Caregiver (Family) Engagement</i> ● <i>Community Involvement</i> 	X			
<p>List school wellness activity goals in this section:</p>				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: Jakessa Osborne

DATE: 5/22/2023

School Wellness Leader: Jakessa Osborne

DATE: 5/22/2023

Principal: [Signature]

DATE: 5/24/23